ABSTRACT OF THE DISCLOSURE

A ski sport apparatus having a ski with a middle section and two outer sections. An interface device connected to the ski, with a binding region for accommodating a ski binding is arranged in the middle section. The ski sport apparatus has at least two force introduction regions distanced to one another in the longitudinal direction, for introducing forces from the interface device into the ski. The ski in the longitudinal direction has several regions of lower or higher flexibility alternating in the longitudinal direction. The middle section of the ski has a region with a higher flexibility. A frontmost and/or a rearmost force introduction region is allocated to a region with a lower flexibility of the ski and in the longitudinal direction is arranged further to the front or further to the rear than the binding region. The ski has good curve dynamics, has a good ski guiding and excels with an incomparable running smoothness.